

July, 2007



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 Open Class 7:15-8 XMA 6-7:15 Demo Tm 7:15-8 Kumite 8-9	3 Open Class 7-8 Advanced 8-8:45	4 Happy 4th. of July School Closed	5 Open Class 5-6,6-7 XMA 7-8:45	6	7 Fighting Class/MMA 8-10 Demo Tm 9-10 Inst. Tng. 10-11:30 Open Class 11-12 XMA 12-1:30
8	9 Open Class 7:15-8 XMA 6-7:15 Demo Tm 7:15-8 Kumite 8-9	10 Open Class 7-8 Advanced 8-8:45	11 Open Class 7-8 Intermediate 6-7 MMA 8-9	12 Open Class 5-6,6-7 XMA 7-8:45	13 instruct. retreat or invitational 13-15	14 Fighting Class/MMA 8-10 Demo Tm 9-10 Inst. Tng. 10-11:30 Open Class 11-12 XMA 12-1:30
15	16 Open Class 7:15-8 XMA 6-7:15 Demo Tm 7:15-8 Kumite 8-9	17 Open Class 7-8 Advanced 8-8:45	18 Open Class 7-8 Intermediate 6-7 MMA 8-9	19 Open Class 5-6,6-7 XMA 7-8:45	20 Self Defense Class Saturday 21st. 8:00 AM	21 Fighting Class/MMA 8-10 Demo Tm 9-10 Inst. Tng. 10-11:30 Open Class 11-12 XMA 12-1:30
22	23 Open Class 7:15-8 XMA 6-7:15 Demo Tm 7:15-8 Kumite 8-9	24 Open Class 7-8 Advanced 8-8:45	25 Open Class 7-8 Intermediate 6-7 MMA 8-9	26 Open Class 5-6,6-7 XMA 7-8:45	27	28 Fighting Class/MMA 8-10 Demo Tm 9-10 Inst. Tng. 10-11:30 Open Class 11-12 XMA 12-1:30
29	30 Open Class 7:15-8 XMA 6-7:15 Demo Tm 7:15-8 Kumite 8-9	31 Open Class 7-8 Advanced 8-8:45				