

August, 2007



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Open Class 7-8 Intermediate 6-7 MMA 8-9	2 Open Class 5-6,6-7 XMA 7-8:45	3	4 Fighting Class/MMA 8-10 Demo Tm 9-10 Inst. Tng. 10-11:30 Open Class 11-12 XMA 12-1:30
5	6 Open Class 7:15-8 XMA 6-7:15 Demo Tm 7:15-8 Kumite 8-9	7 Open Class 7-8 Advanced 8-8:45	8 Open Class 7-8 Intermediate 6-7 MMA 8-9	9 Open Class 5-6,6-7 XMA 7-8:45	10	11 Fighting Class/MMA 8-10 Demo Tm 9-10 Inst. Tng. 10-11:30 Open Class 11-12 XMA 12-1:30
12	13 Open Class 7:15-8 XMA 6-7:15 Demo Tm 7:15-8 Kumite 8-9	14 Open Class 7-8 Advanced 8-8:45	15 Open Class 7-8 Intermediate 6-7 MMA 8-9	16 Open Class 5-6,6-7 XMA 7-8:45	17	18 Fighting Class/MMA 8-10 Demo Tm 9-10 Inst. Tng. 10-11:30 Open Class 11-12 XMA 12-1:30
19	20 Open Class 7:15-8 XMA 6-7:15 Demo Tm 7:15-8 Kumite 8-9	21 Open Class 7-8 Advanced 8-8:45	22 Open Class 7-8 Intermediate 6-7 MMA 8-9	23 Open Class 5-6,6-7 XMA 7-8:45	24	25 Fighting Class/MMA 8-10 Demo Tm 9-10 Inst. Tng. 10-11:30 Open Class 11-12 XMA 12-1:30
26	27 Open Class 7:15-8 XMA 6-7:15 Demo Tm 7:15-8 Kumite 8-9	28 Open Class 7-8 Advanced 8-8:45	29 Open Class 7-8 Intermediate 6-7 MMA 8-9	30 Open Class 5-6,6-7 XMA 7-8:45	31	